

COPH Evaluation CV 2

Spring 2014 - Winter 2014

Sheila Hill Parker

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Contact Information

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Current Position

Position Title: Lecturer, Public Health in Health Promotion Sciences-4205
Start Date: Summer 1990
Current Academic Rank: Lecturer

Degrees

DrPH	Public Health Nutrition, University of North Carolina, Chapel Hill, North Carolina 1981 Dissertation: The Relationship between Body Mass and Self-concept in Pre-Adolescents and Adolescents. Advisor: Dr. Joseph Edozien
MPH	Public Health Nutrition, University of North Carolina, Chapel Hill, North Carolina 1976
M.S.	Human Development and the Family, North Carolina Central University, Durham, North Carolina 1974
B.S.	Textiles and Clothing, North Carolina Central University, Durham, North Carolina 1970

Professional Licensures & Certifications

Human Subjects Curriculum Completion, CITI 2011

Work Experience

2010 - Present	Lecturer, University of Arizona, Mel and Enid Zuckerman College of Public Health, Tucson, Arizona
2011 - 2013	Principal Investigator, Honoring Your Gift, University of Arizona, Mel and Enid Zuckerman College of Public Health, Tucson, Arizona
2001 - 2006	Adjunct Faculty, Africana Studies Department, University of Arizona, College of Humanities, Tucson, Arizona
2000 - 2006	Associate Professor-Public Health, University of Arizona, Mel and Enid Zuckerman College of Public Health, Tucson, Arizona

2000 - 2006	Chair, Health Education Program, University of Arizona, Mel and Enid Zuckerman College of Public Health, Tucson, Arizona
2001 - 2006	Affiliated Faculty, Mexican American Studies and Research Center, University of Arizona, Tucson, Arizona
2001 - 2006	Principal Investigator and Project Director, Southern Arizona Border Health Careers Opportunity Program, University of Arizona, Mel and Enid Zuckerman College of Public Health, Tucson, Arizona
2000 - 2001	Director, Health Education and Behavioral Sciences Concentration, Arizona Graduate Program in Public Health, University of Arizona, Mel and Enid Zuckerman College of Public Health, Tucson, Arizona
1995 - 2000	Clinical Assistant Professor, Arizona Graduate Program in Public Health, Department of Family and Community Medicine, Arizona Prevention Center, University of Arizona, College of Medicine, Tucson, Arizona
1998 - 2000	Director, Health Education and Health Promotion Unit, Arizona Prevention Center, University of Arizona, Tucson, Arizona
1998 - 2000	Co-Director, Tucson Health Promotion Initiative, Arizona Prevention Center, Tucson, Arizona
1996 - 2000	Director, Health Education Program, School of Health Professions, University of Arizona, Tucson, Arizona
1996 - 1998	Deputy Director for Student Affairs, Arizona Graduate Program in Public Health, Department of Family and Community Medicine, Arizona Prevention Center, University of Arizona College of Medicine, Tucson, Arizona
1994 - 1996	Director, Health Education and Health Promotion Concentration, Arizona Graduate Program in Public Health, Department of Family and Community Medicine, University of Arizona, Tucson, Arizona
1993 - 1995	Instructor, Community and Environmental Health Sciences, Public Health and Preventative Medicine Section, Department of Family and Community Medicine, College of Medicine, University of Arizona, Tucson, Arizona
1993 - 1994	Principal Investigator, Teen Lifestyle Intervention, Department of Family and Community Medicine, College of Medicine, University of Arizona, Tucson, Arizona
1990 - 1994	Instructor, Community and Environmental Health Sciences, School of Health-Related Professions, University of Arizona, Tucson, Arizona
1991 - 1993	Principal Investigator, Minority Supplement, Teen Lifestyle Project, Department of Family and Community Medicine, College of Medicine, University of Arizona., Tucson, Arizona

1988 - 1990	Nutritionist and Nutrition Director, Cochise County Department of Health Services, Bisbee, Arizona
1985 - 1988	Clinic Director, Open Door Clinic, Urban Misnistry Center, Raleigh, North Carolina
1986 - 1988	Associate Director, Urban Ministry Center, Raleigh, North Carolina
1985 - 1986	Instructor, Human Nutrition, North Carolina Central University, Durham, North Carolina
1976 - 1985	Preceptor and Clinical Instructor, Nutrition Department, School of Public Health, University of North Carolina, Chapel Hill, North Carolina
1976 - 1985	Director of Nutrition and the Special Supplemental Food Program for Women, Infants and Children, Orange-Chatham Comprehensive Health Services, Carrboro, North Carolina
1972 - 1974	Instructor, Textiles and Clothing, North Carolina Central University, Durham, North Carolina

Instruction: Credit Bearing Courses

Winter 2014 Courses:

[REDACTED]
CPH 909 105 IND 2 units - Master's Report

Fall 2014 Courses:

[REDACTED]
CPH 322 001 LEC 3 units - Hlth Educ Ethical Ldrshp
CPH 350 001 LEC 3 units - Prin Hlth Ed+Hlth Promo
CPH 498H 105 IND 3 units - Honors Thesis
CPH 909 105 IND 2 units - Master's Report

Summer 2014 Courses:

[REDACTED]
CPH 909 105_1 IND 1 units - Master's Report

Spring 2014 Courses:

[REDACTED]
CPH 350 001 LEC 3 units - Prin Hlth Ed+Hlth Promo
CPH 381 001 LEC 3 units - Hlth Ed Intervtn Methods
CPH 498H 105 IND 3 units - Honors Thesis
CPH 596E 001 SEM 2 units - Hlth Ed/Behav Sci Ldrshp

Teaching: Student Mentoring, Advising and Activities

Natalie Morice, Mentor/Advisor for Natalie's Honors Thesis. *Fall 2014 - Present*

Jane Okenyo, Mentor/Advisor for Jane's Honor Thesis. She is researching sleep deprivation in undergraduate college students. *Fall 2014 - Present*

Melissa Godar *Fall 2014 - Present*

Laura Morehouse *Fall 2014 - Present*

Sarah Bosch , Mentor/Advisor for Sarah's Freshman Research Project in the Honors College. She won the First place award for her poster presentation. *Fall 2014 - Present*

Jill Ten Haken, Chair of Jill's Internship Committee *Spring 2014 - Present*

Maggie Hill Kipling *Spring 2014 - Present*

Vanessa Cascio, Mentoring *Spring 2013 - Present*

Christiana Clauson, MPH Internship *Spring 2013 - Spring 2014*

Christiana Clauson, Mentoring *Spring 2013 - Spring 2014*

Jacob Collins, MPH Internship *Spring 2013 - Spring 2014*

Erin Dougherty, Mentoring *Spring 2013 - Spring 2014*

Zandile Jele-Nhleko, MPH Internship *Spring 2013 - Spring 2014*

Abigail Akande, Doctoral student in the College of Education, Rehabilitation Services, with a minor in Public Health.

PHD degree

Spring 2012 - Fall 2014

Teaching: Undergraduate Student Supervision

Number of Students: 8,

In CPH 492, I supervised and mentored 8 students as they researched the use of yoga in health enhancement for the disabled. This resulted in the development of a UA sponsored organization, Yoga for AnyOne

<http://uanews.org/story/yoga-program-honors-memory-of-ua-student>

In 2013 the student-led organization changed its name to Yoga for Any Body and initiated yoga sessions at the UA Recreation Center. For their work, the club's members earned the UA's Inclusive Excellence Award, which goes to individuals and organizations who make important contributions to creating and enhancing a diverse and inclusive community at the University. My role with this great group of students who are primarily MEZCOPH undergraduates, is to serve as their club advisor. As the program goes forward it is attracting students from other disciplines interested in the work and mission of this group.

Spring 2012 - Winter 2014

Grants and Contracts

Parker, Sheila (PI) Honoring Your Gift, *MEZCOPH Dean's MiniGrant* (May 17, 2011 - May 17, 2013) Awarded: December 5, 2011, USD 40,000.00 *Spring 2011*

Research: Development of Research Support Resources

Curriculum for Honoring Your Gift, The curriculum continues to evolve from the community-based onsite program to an online program that can be easily accessed by individuals and Christian churches that desire to establish their own church-based health promotion faith-based programs. , **Hours:** 200 *Spring 2013 - Present*

Curriculum for Honoring Your Gift, I began the development of the health education curriculum and materials for a community-based and faith-based heart health program in the summer of 2011. While the program is community-based, my work continues to make it a free

online resource for faith-based health education to be used by individuals and churches.,
Hours: 300 *Summer 2011 - Present*

Scholarly Contributions and Creative Productions

Book

Completed/Published

Parker, S. (2014). *The Practice and Process of Health Education in Health Promotion* (p. 207). Kendall Hunt Publishing Company.

Service: Professional Service and Outreach (Extramural)

Freedom's Gate Ministries, Inc., Prison Ministry, Community based Org. Member *Spring 2012 - Winter 2014*

Prison Fellowship, Arizona, Other Outreach Prison Ministry and ex-offender assistance
Spring 2012 - Winter 2014

Institutional Committees

College

BSPH Executive Committee (College of Public Health) *Spring 2011 - Present*

Workload Distribution

Instruction %: 60, **Research %:** 0, **Service %:** 0, **Extension %:** 0, **Administration %:** 0,
Instruction % includes teaching, advising, chairing an internship committee, and advising of three Honors College students with research projects in public health. *Spring 2014 - Winter 2014*

Major Commitments and Plans

Commitments and plans for the evaluation year:

1. In 2014, I met the conditions of my employment in the Division of Health Promotion Sciences, Mel and Enid Zuckerman College of Public Health, by teaching three courses in the Spring 2014 and two courses in the Fall 2014 semester.
2. I continue to develop the curriculum of The Honoring Your Gift project for an online intervention for faith organizations interested in improving spiritual, physical, social and psychological health.
3. I continue to assist MPH students to successfully complete their requirements for the MPH degree through mentoring, and supporting their completion of the internship reports.
4. I am increasingly providing advising and mentoring to undergraduate students who are interested in careers in health education and health promotion. This year I mentored three Honors College students conducting research in public health issues.

Accomplishments:

1. I completed 14 course units of teaching in the undergraduate and graduate programs.

2. I made revisions to the textbook so that it can be used as a workbook as well as a textbook. Working with the publisher, I was able to add test bank and powerpoint resources. This was completed during Summer 2014.

Commitments and plans for the next year:

1. I will continue to teach in the undergraduate and graduate MEZCOPH programs if contracted to do so.
2. I will work as Co-PI on a interprofessional team that will train and supervise students from the Colleges of Medicine, Pharmacy and Public Health in a stroke prevention program in the "A" Mountain community during 2015. Hopefully this project will generate internships for our public health undergraduate and graduate students.
3. I will continue mentoring and advising students and supporting them in their academic programs and internships.
4. I will seek opportunities and funding to expand the Honoring Your Gift project, especially as an online resource for individuals and churches who want to develop their own faith-based health programs.

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