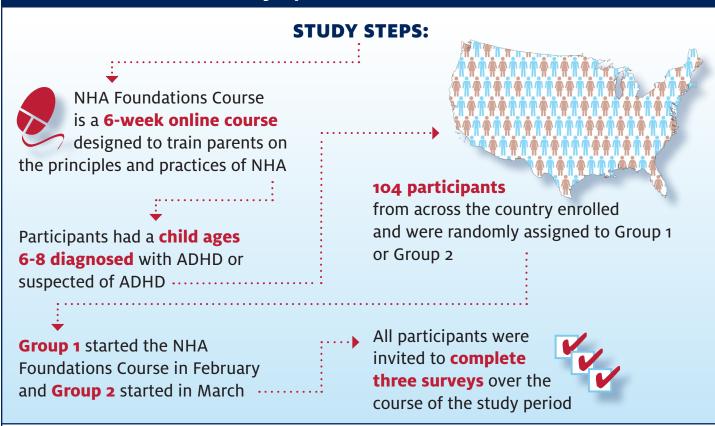


Nurtured Heart Approach® Study

A scientific evaluation of the Nurtured Heart Approach (NHA)

STUDY QUESTION:

Does NHA training for parents/guardians help reduce ADHD symptoms in their children?



ANSWER TO STUDY QUESTION:

Yes. Participants reported reduced symptoms of inattention and hyperactivity/ impulsivity in their children after participating in the NHA course

NEXT STEPS:

- Share these results at conferences, in reports, and in scientific journals
- Secure funding to continue studying the NHA

The Investigative Team sends thanks to participants, funders, and collaborators.

For more information, please contact:

Velia Leybas Nuño, PhD, MSW, Principal Investigator vleybas@email.arizona.edu or 520-626-3525